

Anexos

Anexo 1: Resultados obtidos nos testes realizados no isocinético.

	Peak Torque			Total Work			AVG Power			Work Fatigue			Agon/Antag Ratio		
	Média	Desvio Padrão	P	Média	Desvio Padrão	P	Média	Desvio Padrão	P	Média	Desvio Padrão	P	Média	Desvio Padrão	P
SPa60q	232,813	± 39,040	0,965	1107,733	± 158,182	0,101	151,293	± 27,026	0,002	21,433	± 14,890	0,526	53,453	± 6,740	0,206
SPd60q	232,500	± 40,607		1143,040	± 149,259		160,807	± 27,302		19,613	± 7,398		54,607	± 6,131	
SPa60iq	123,167	± 18,309	0,079	655,247	± 125,902	0,212	88,727	± 18,523	0,025	23,580	± 12,103	0,370	54,607	± 6,131	
SPd60iq	129,540	± 16,163		676,713	± 114,390		94,267	± 15,407		19,833	± 12,896		54,607	± 6,131	
BBa60q	229,020	± 33,882	0,329	1113,047	± 176,331	0,263	152,800	± 27,414	0,109	15,813	± 11,501	0,077	52,687	± 6,429	0,112
BBd60q	232,113	± 29,481		1134,027	± 158,703		162,793	± 30,824		20,607	± 7,916		54,167	± 7,541	
BBa60iq	120,007	± 18,089	0,020	662,780	± 119,604	0,078	89,393	± 16,434	0,060	20,393	± 9,788	0,003	54,167	± 7,541	
BBd60iq	125,267	± 20,337		687,140	± 132,092		92,293	± 17,353		28,507	± 12,849		54,167	± 7,541	
CMa60q	228,340	± 33,743	0,014	1106,753	± 118,415	0,408	148,140	± 26,668	0,006	18,907	± 9,368	0,833	51,587	± 6,217	0,900
CMd60q	244,313	± 39,758		1131,313	± 158,972		163,113	± 25,499		19,500	± 7,473		51,587	± 6,217	
CMa60iq	117,240	± 19,169	0,015	636,380	± 135,937	0,741	83,020	± 24,257	0,022	23,353	± 11,789	0,741	51,493	± 5,645	
CMd60iq	125,080	± 19,316		648,107	± 117,404		92,353	± 17,426		24,093	± 13,339		51,493	± 5,645	
SPa300q	116,073	± 13,502	0,006	597,500	± 82,617	0,019	291,713	± 47,388	0,039	25,440	± 20,765	0,110	65,780	± 14,342	0,928
SPd300q	123,447	± 11,886		630,773	± 72,193		308,427	± 42,089		33,113	± 10,179		65,780	± 14,342	
SPa300iq	75,947	± 16,549	0,106	384,633	± 114,826	0,455	180,020	± 55,784	0,438	30,907	± 21,406	0,970	66,013	± 14,798	
SPd300iq	81,207	± 18,743		396,740	± 121,478		186,240	± 56,656		30,700	± 17,364		66,013	± 14,798	
BBa300q	116,427	± 18,909	0,224	578,820	± 85,686	0,216	281,960	± 45,974	0,135	29,093	± 9,918	0,624	65,640	± 13,309	0,168
BBd300q	118,240	± 17,774		591,927	± 73,306		289,993	± 39,404		30,767	± 12,439		65,640	± 13,309	
BBa300iq	76,060	± 17,659	0,042	375,227	± 98,376	0,025	176,767	± 47,822	0,046	30,287	± 23,979	0,185	68,293	± 12,334	
BBd300iq	80,047	± 15,295		402,620	± 80,603		189,160	± 36,680		34,380	± 15,837		68,293	± 12,334	
CMa300q	116,707	± 15,087	0,116	595,833	± 101,686	0,073	283,747	± 51,454	0,001	20,400	± 38,286	0,143	63,553	± 14,029	0,128
CMd300q	121,233	± 17,539		621,180	± 84,235		310,680	± 46,355		34,593	± 7,504		63,553	± 14,029	
CMa300iq	74,767	± 19,464	0,059	386,787	± 139,502	0,099	175,320	± 61,996	0,008	27,527	± 25,866	0,039	66,773	± 11,198	
CMd300iq	80,120	± 13,993		416,187	± 103,111		198,600	± 46,969		39,540	± 9,776		66,773	± 11,198	

SP: sem protector; BB: protector "boil and bite"; CM: protector "custom-made"; a:antes; d:depois; q:quadricipede; iq: isquiotibiais